

Fasting & Inflammation



**Learn the causes of chronic inflammation
and how fasting may help with MemorialCare**

Wednesday, February 20th

1:00 p.m.

Large Conference Room

Age Well[®]
Senior Services

A NONPROFIT SERVING ORANGE COUNTY'S OLDER ADULTS


MemorialCare[™]
Medical Group

The Bell Tower Regional Community Center
22232 El Paseo, RSM (949) 709-7592

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