

South Orange County

February 2024 Menu

RSM location serves at noon

Age Well

changing communities, improving lives.
CHRIS HERNANDEZ RDN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SUGGESTED CONTRIBUTION - COST - 59 YEARS OR YOUNGER: \$7.50 Reservations must be made by 12pm TWO business days in advance. RSVP in person at the Bell Tower or by calling 949-709-7592. No special requests or menu substitutions. Menu subject to change without notice. Our menus, per meal, average 500 - 700 calories	60 YRS OR OLDER: \$5.50			
PULLED PORK SLIDER Coleslaw Orange Chocolate Chip Cookie Milk	BEEF w/BLK BEAN TACOS Mexican Coleslaw Tortilla (2) Seasonal Fruit Milk	CHICKEN TARRAGON SANDWICH Roasted Carrot Soup Apple Sauce Orange Juice Milk	ROASTED CHICKEN SHAWARMA Mediterranean Salad Pita Bread Orange Oatmeal Cookie & Milk	CILANTRO LIME CHICKEN Asian Slaw Rice Oatmeal Raisin Cookie Orange Milk
VIETNAMESE MINCED PORK Asian Slaw Rice Seasonal Fruit Milk	RED PEPPER CHICKEN SANDWICH Cream of Broccoli Soup Orange Pound Cake Milk	CREAMY CILANTRO LIME SALMON Sauté Red Cabbage Rice Orange Orange Cake & Milk	DEVIL EGG SANDWICH Split Pea Soup Chocolate Chip Cookie Orange Juice Milk	COCOONUT SHRIMP w/ MANGO SAUCE Sauté Sesame Broccoli Medley Rice Seasonal Fruit Milk
CLOSED FOR OBSERVANCE OF PRESIDENTS DAY  Rainbow Salad Orange Rice Apple Milk	CHICKEN MARSALA Garden Salad Orange Rice Chocolate Chip Cookie Milk	MEDITERRANIAN COD Garden Salad Orange Rice Chocolate Chip Cookie Milk	BBQ CHICKEN SLIDER Cream of Broccoli Soup Orange Juice Brownie Milk	CHICKEN CACCIATORE w/ BLACK OLIVES Garden Salad Wheat Roll Pineapple Parfait Milk
MIDDLE EASTERN MINCED BEEF Mediterranean Salad Pita Bread Seasonal Fruit Milk	SESAME CHICKEN Broccoli & Carrots Rice Oatmeal Raisin Cookie Orange Juice Milk	TUNA SALAD SANDWICH Roasted Carrot Soup Orange Apple Sauce Milk	PORK CARNITAS Roasted Vegetable Salad Orange Tortillas (2) Pound Cake Milk	MEATBALL STROGANOFF Sauté Carrots & Peas Penne Pasta Seasonal Fruit Milk
				
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				28
				27
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