

COMMUNITY LIVING

RANCHO SANTA MARGARITA

SUMMER 2024

Your Guide for Activities & Community Services

INSIDE THIS ISSUE:

- New Programs & Classes
- Summer Camps
- Splash Pad Opening Day
- Summer Concerts



Become a Community Partner!
See Page 9 for details!

RSMconnect.org



CONNECT WITH US

The Bell Tower Regional Community Center

22232 El Paseo
Rancho Santa Margarita, CA
949-216-9700
www.cityofrsm.org

The Bell Tower Regional Community Center and City Hall will be closed on the following dates:

2024

- May 27 Memorial Day
- July 4 Independence Day
- September 2 Labor Day

Age Well Senior Services 949-709-7592

Boys & Girls Club 949-709-7595

General Inquiries
recreation@cityofrsm.org

Facility Rentals
facilityrentals@cityofrsm.org

Register today at

RSMconnect.org

About the Cover

This photo overlooks the amphitheater at Central Park during the City's annual Summer Concert Series. The aerial photo shows our community coming together for a fun-filled evening!

Services

AMERICAN FLAG DISPOSAL BOX

Retire American Flags at the Bell Tower Regional Community Center for a proper retirement ceremony on Flag Day, June 14, by local Boy and Girl Scout Troops. A flag drop off box is located inside the lobby.

BATTERY RECYCLING

Batteries are considered hazardous waste and are prohibited by State law to be thrown away in the garbage. Batteries can be dropped off at City Hall (22112 El Paseo). A battery drop off box is located inside the lobby.

LOW-COST ANIMAL VACCINATION CLINICS

First Wednesday evening of every month at the Bell Tower Regional Community Center. By appointment only.

Provided by Healthcare & Emergency Animal Rescue Team (HEART). For pricing and information, call [714-993-9193](tel:714-993-9193) or visit www.heart4pets.org.

OCSD POLICE SERVICES in RANCHO SANTA MARGARITA

Report suspicious persons and activities.

Non-emergency Line: [949-770-6011](tel:949-770-6011).

Always call 911 in the event of an emergency.

PASSPORT SERVICES

The City of Rancho Santa Margarita is a designated Passport Acceptance Facility. Visit <http://www.cityofrsm.org> for more information or call [949-635-1800 ext 6404](tel:949-635-1800 ext 6404). By appointment only.

SHARPS/USED NEEDLE COLLECTION PROGRAM

Rancho Santa Margarita residents are eligible to receive a free SHARPS container from the City. Visit www.cityofrsm.org to sign up and for more information, or call [949-635-1800](tel:949-635-1800).

SENIOR MOBILITY PROGRAM

City of Rancho Santa Margarita residents aged 60 and older are eligible for the Senior Mobility Program. This transportation program is funded by the OCTA and designed to provide a taxi service to eligible residents. Service is provided within City limits. For more information or to schedule an appointment to determine eligibility, call [949-216-9700](tel:949-216-9700).

RANCHO SANTA MARGARITA CITY COUNCIL

Mayor	Carol A. Gamble
Mayor Pro Tempore	Bradley J. McGirr
Council Member	L. Anthony Beall
Council Member	Anne D. Figueroa
Council Member	Jerry Holloway

CITY MANAGER

City Manager	Jennifer M. Cervantez
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Youth Classes

Arts & Music

Beginning Guitar & Ukulele Ensemble

Age: 8-13 Years

Enjoy learning to play great songs on the guitar or ukulele in this unique combination class. No past musical experience required. Bring your own guitar or non-toy ukulele to class.

Instructor: Ron Gorman

M 4:00-5:00pm 6/17-7/15 \$115



Music Together

Age: 6m-5 Years

The Music Together program is the gold standard in early childhood music and movement. Families participate together in songs, rhythmic activities, movement, and instrumental jam sessions. We create a fun, informal, musically rich social setting that supports different learning styles of children and adults.

Instructor: Music Together

M	9:00-9:45am	6/17	\$18
M	9:00-9:45am	6/24-7/15	\$85
M	9:00-9:45am	7/22-8/12	\$85

Paint, Paste, and Pour

Age: 1.5-6 Years

Watch your child discover paint, glue, crayons, dough, and more. Kids enjoy developmentally appropriate hands-on experiences with manipulative art and sensory materials. Parent participation is required. **Additional \$20 materials fee due to instructor on the first day of class.**

Instructor: Paint, Paste and Pour!

W	9:00-9:45am	6/5-6/26	\$53
W	10:00-10:45am	6/5-6/26	\$53
W	9:00-9:45am	7/10-7/31	\$53
W	10:00-10:45am	7/10-7/31	\$53
W	9:00-9:45am	8/7-8/14	\$28
W	10:00-10:45am	8/7-8/14	\$28



Classes are subject to change.

Visit RSMconnect.org for the latest schedules.

Refund Information

- All refunds (unless the class is canceled by the City or instructor) will be assessed a \$7 processing fee.
- Refund requests for 1-day classes or workshops must be received in writing at least 5 business days prior to the class start.
- Checks returned due to non-sufficient funds are subject to a \$25 processing fee.
- All refund requests must be made prior to the first class meeting. E-mail recreation@cityofrsm.org.

RANCHO SANTA MARGARITA SUMMER CAMPS

Action Movie Workshop

Age: 7-13 Years

Create an idea for a movie and learn how to write and storyboard that idea, organize props, secure costumes, and scout for the perfect location. Once complete, filming begins! Projects available to download online. **Additional \$30 materials fee due to instructor on the first day of class.**

Instructor: Movies By Kids

M-F 9:00am-12:00pm 7/8-7/12 \$190

American Doll Fashions Sewing Camp

Age: 7.5-14 Years

Design and create your own doll fashions. Select fabrics and follow a pattern while mastering basic sewing skills and work on a outfit for an 18" doll. Participants encouraged to bring a doll to class for fittings. No experience necessary. All fabric, notions, and sewing machines supplied. **Additional \$35 materials fee due to instructor on the first day of class.**

Instructor: Sew Cool Sewing

M-W	10:00am-1:00pm	7/8-7/10	\$188
M-W	10:00am-1:00pm	7/15-7/17	\$188
M-W	10:00am-1:00pm	7/22-7/24	\$188

Anime, Cartooning, and Comic Creation

Age: 5-12 Years

Create characters from conception to completion and popular characters from cartoons, comics, and anime. Learn how to draw different facial expressions, create backgrounds, write plots, and more as you create your own hand drawn comics!

Instructor: Parker-Anderson Enrichment

M-F 9:00am-12:00pm 7/29-8/2 \$200

Art and Architecture

Age: 5-12 Years

This class combines math, science, and art to create the worlds of art and architecture as students create building-themed 2D & 3D projects. Students will examine architecture while creating models. Students will create pictures of buildings and landscapes that incorporate art techniques.

Instructor: Parker-Anderson Enrichment

M-F 1:00-4:00pm 7/8-7/12 \$220



Beginning Guitar & Ukulele Ensemble

Camp

Age: 8-13 Years

Enjoy learning to play great songs on the guitar or ukulele in this unique combination class. No past musical experience required. Bring your own guitar or non-toy ukulele to class.

Instructor: Ron Gorman

M-F 10:00-11:00am 6/17-6/21 \$115
M-F 10:00-11:00am 7/29-8/2 \$115

Brixology

Age: 7-11 Years

Campers will learn about aerospace, mechanical, structural and nautical engineering. Teams of campers will complete hands-on projects using LEGO® bricks. Assemble a space station, build boats and vehicles, and discover nature's engineering secrets while investigating biomimicry. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F 9:00am-12:00pm 7/22-7/26 \$195

Chess Camp: Beginning to Advanced

Age: 6-14 Years

Exercise your brain while learning chess basics, tactics, and advanced strategies. Includes a camp tournament with trophies and prizes for all participants.

Instructor: Fundamental Chess Academy

M-F 1:00-4:00 pm 6/10-6/14 \$299
M-F 1:00-4:00 pm 6/17-6/21 \$299
M-F 1:00-4:00 pm 6/24-6/28 \$299
M-F 1:00-4:00 pm 8/5-8/9 \$299
M-F 1:00-4:00 pm 8/12-8/16 \$299



Clay Adventures

Age: 6-11 Years

Learn how to turn clay into fun projects and wonderful creatures. We will hand build the pieces as we learn techniques such as coiling, scoring, and slab, and decorate them with underglazes. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: MyArtStudio

M-F 1:30-3:30pm 7/15-7/19 \$146

Crazy Chem-Works

Age: 7-11 Years

Learn to recognize chemical reactions and mix up reactive ingredients for sensational results. Explore the colors of chemistry with pH testing and create a stopper-popping reaction. Explore polymers by making and testing slime.

Additional \$25 materials fee due to instructor on the first day of class.

Instructor: Mad Science

M-F 9:00am-12:00pm 8/5-8/9 \$195

Cultures and Art Around the World

Age: 5-12 Years

In this camp, students will explore aspects of different cultures including their music, food, games, art, and more. Learn how to cook several popular cultural dishes, and come to appreciate the beauty and diversity in our world.

Instructor: Parker-Anderson Enrichment

M-F 9:00am-12:00pm 7/22-7/26 \$220



Explore Coding using LEGO® Spike™ Systems

Age: 9-12 Years

Rise to the challenge to build and program robots using the LEGO® Spike™ Prime system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills.

Instructor: Play-Well TEKnologies

M-F 1:00-4:00pm 6/17-6/21 \$200

Hollywood Special Effects

Age: 7-13 Years

Learn about "Movie Magic" used in Hollywood. Explore a variety of special effects and star in a movie. Special effects include forced perspective, "green screen" technology, CGI, etc.! All movies will be available to download online. **Additional \$30 materials fee due to instructor on the first day of class.**

Instructor: Movies By Kids

M-F 9:00am-12:00pm 6/24-6/28 \$190

Arts & Crafts Camps

Age: 8-12 Years	\$203/week
In My Camp Era: Make friendship bracelets & create pop-star inspired daily crafts.	
Ready For Summer: Create your own memorable summer smash book, string backpacks for summer adventures, & more!	
Red, White, & Blue: Burst open your creativity & make tie-dye t-shirts, patriotic banners & more!	
Additional \$40 materials fee due to instructor on the first day of class.	
Instructor: Paint, Paste & Pour!	
M-F 1:00-4:00pm	6/10-6/14 Ready for Summer
M-F 1:00-4:00pm	6/24-6/28 Red, White, and Blue
M-F 1:00-4:00pm	7/22-7/26 In My Camp Era

Intro to Digital Photography for Teens

Age: 13-17 Years

We will focus on the foundational and creative aspects of digital photography to enhance your technical skills and to capture stunning images. Students must provide their own digital camera. **Additional \$20 materials fee due to instructor on the first day of class.**

Instructor: Mandis Razavi

M-F	9:00-11:00am	7/8-7/12	\$170
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Inventor Lab

Age: 6-10 Years

Junior inventors will learn the inventions of da Vinci, Edison and the Wright brothers. With a little bit of ingenuity, participants will recreate some of the most important inventions of all time. Campers will invent their way to surviving on an island with limited materials! **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F	9:00am-12:00pm	7/15-7/19	\$195
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Inventors Workshop

Age: 5-12 Years

Think outside the box as you explore the inner workings of past inventions and come up with your own innovative ideas! Learn about the history & evolution of inventions. Make homemade paint, games, flying objects and more as you examine how everyday inventions have changed the world.

Instructor: Parker-Anderson Enrichment

M-F	1:00-4:00pm	8/5-8/9	\$220
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Jewelry, Design, and Craft Creation

Age: 6-12 Years

Make your own jewelry, outfits, accessories, crafts, and more using a variety of materials. Look at the works of fashion experts as you make different outfits. Become a design expert as you create your own styles, from head to toe.

Instructor: Parker-Anderson Enrichment

M-W	1:00-4:00pm	7/1-7/3	\$140
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Learn Coding using LEGO® Spike™ Systems

Age: 7-9 Years

Build and program robots in this introductory Robotics class using the LEGO® Spike™ Prime system. Learn programming skills using a simple and visual block coding system that will allow kids to grasp new and diverse coding challenges.

Instructor: Play-Well TEKnologies

M-F	9:00am-12:00pm	6/17-6/21	\$200
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LEGO® Disney™ Animation

Age: 7-13 Years

Combine Disney™ movies with LEGO® to create your own stop-motion animated movie! LEGO® Minifigures will be provided to cast as the main characters in your film! As a group, pick from a single movie, or create your own Disney™ mashup! All movies will be available to view and download online. **Additional \$30 materials fee due to instructor on the first day of class.**

Instructor: Movies By Kids

M-F	1:00-4:00pm	6/24-6/28	\$190
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LEGO® Engineering: Medieval & Modern Machines

Age: 6-9 Years

Discover engineering, physics and architectural concepts. Students will travel to modern times and create motorized machines, and test out their designs at the end of each day. This camp offers a great foundation that applies to real-world engineering and enables young minds to build their ideas.

Instructor: BrainStorm STEM Education

M-F	9:00am-12:00pm	8/12-8/16	\$319
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LEGO® Robotics

Age: 5-12 Years

Students are given different projects to build, test, and modify as they graduate to the next level of engineering comprehension. Students do not take home any LEGO® projects. Parents can view completed projects online after the end of the session.

Instructor: Parker-Anderson Enrichment

M-F	1:00-4:00pm	7/15-7/19	\$200
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LEGO® Star Wars Animation

Age: 7-13 Years

Using provided Minifigures, create your own Star Wars™-themed movie! The ideas and sets will be created by you. Operate the devices as you bring your stop-motion-animation masterpiece to life. Record a voice-over and choose music to fit the mood. All student films will be available to view online.

Additional \$30 materials fee due to instructor on the first day of class.

Instructor: Movies By Kids

M-F 1:00-4:00pm 7/8-7/12 \$190



Life Skills for Pre-Teens

Age: 9-12 Years

Through interactive lessons, we teach essential life skills that will help them succeed in all areas of their lives. Some lessons included are: introductions, dining etiquette, peer pressure, valuing yourself & others, acts of kindness, communication, social media, character counts and more! **Additional \$20 materials fee due to instructor on the first day of class.**

Instructor: The Etiquette Factory

M-Th 1:00-4:00pm 7/22-7/25 \$149

Mad Science All-Stars

Age: 6-10 Years

Learn about famous scientists and inventors who were all-stars in their field. Follow in their footsteps as we equip you with the skills needed to rise to the top. With your teammates, you will build structures, create a volcanic eruption, and examine rocks formed from volcanic magma. Experiment with lift, aerodynamics, and air pressure. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F 9:00am-12:00pm 6/24-6/28 \$195



Manners, Character & Social Skills "Foundations"

Age: 5-9 Years

Our program helps children understand why integrity, respect, empathy, and charity help our lives. Many etiquette skills are taught using games, role play, props, music, and more. Some skills included are: introductions, dining etiquette, conversation, being a guest, sincere apologies and more! **Additional \$20 materials fee due to instructor on the first day of class.**

Instructor: The Etiquette Factory

M-Th 1:00-4:00pm 7/15-7/18 \$149

Microscopic World: What You Can't See

Age: 5-12 Years

Learn about the microscopic world, such as bacteria, protozoa, sea monkeys, and yeast. Get up close with live organisms using a microscope and perform biology experiments. **Additional \$95 materials fee due to instructor on the first day of class.**

Instructor: Bionerds

M-F 1:00-4:00pm 7/22-7/26 \$228

NASA Space Academy

Age: 7-11 Years

Explore the science involved in constructing your own rocket and watch it soar to the sky. Use teamwork to complete a space mission and build a model space station. Explore the farthest reaches of our solar system and create a lunar eclipse in our planetary tour. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F 9:00am-12:00pm 7/8-7/12 \$195



Red Hot Robots

Age: 6-10 Years

Campers will become beginner engineers as they build a unique motorized robot. Discover the inner workings of robots by experimenting with circuits, gears, and sensors. Learn about robot processing, actuating and the different tasks robots perform in our world. Experiment with sound sensing and solar powered robots. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F 9:00am-12:00pm 7/29-8/2 \$195

Robot Building

Age: 6-12 Years

Build both in-class robots and five robots you get to keep. Gain knowledge of engineering principles while working with levers, gears, and motors to design motorized robots. Participate in group challenges using materials including K'NEX, motors, wires, screws, batteries, and more. New projects in 2nd session!

Instructor: Parker-Anderson Enrichment

M-F 9:00am-12:00pm 6/24-6/28 \$250

M-F 9:00am-12:00pm 8/12-8/16 \$250

Classes are subject to change.
Visit RSMconnect.org for the latest schedules.

Robotics Academy: Inventor

Age: 9-12 Years

LEGO® Spike™ Prime is a versatile robotics system designed to offer students an engaging introduction to the areas of Science, Technology, Engineering, Art and Math (STEAM). Students will learn all about the engineering and design process. Students will design and build inventions using robotics to solve numerous engineering problems before going head-to-head against other bots in engineering competitions.

Instructor: BrainStorm STEM Education

M-F 1:00-4:00 pm 6/3-6/7 \$319

Secret Agent Lab

Age: 6-10 Years

Journey into the world of detection, forensics and classified information. Learn code language to send secret messages. Use special spyglasses to learn about surveillance and its security. Investigate a pretend crime scene to crack the case! As part of the Mad Science Bureau of Investigation you will gain skills that are used by secret agents. **Additional \$25 materials fee due to instructor on the first day of class.**

Instructor: Mad Science

M-F 9:00am-12:00pm 6/17-6/21 \$195



Sew Cool Sewing Camp

Age: 7.5-17 Years

Learn sewing basics, including fabric selection, following a pattern, and different machine stitches. Build self-confidence by completing various sewing projects in the class! All fabrics, notions, and sewing machines are supplied. **Additional \$35 materials fee due to instructor on the first day of class.**

Instructor: Sew Cool Sewing

M-Th 2:30-6:30pm 7/8-7/11 \$210
M-Th 2:30-6:30pm 7/15-7/18 \$210
M-Th 2:30-6:30pm 7/22-7/25 \$210

S.T.E.A.M. Enrichment Summer Camp

Age: 7-12 Years

We offer varying activities from S.T.E.A.M. LEGO®, chess, origami, and more! These activities promote problem-solving, math, science, and public speaking skills. Create lasting memories and build skills that support your future!

Instructor: Strategic Kids

M-F 9:00am-12:00pm 6/10-6/14 \$220
M-F 9:00am-12:00pm 6/17-6/21 \$220
M-F 9:00am-12:00pm 8/12-8/16 \$220



STEM Superstars

Age: 9-12 Years

Students will explore a new Science, Technology, Engineering and Math (STEM) concept each day through experiments and hands-on projects. Students will learn Chemistry, Rocketry, Physics, Engineering, Coding, Electronics and Robotics. This course is perfect for all levels and allows students to build valuable skills! Students will take home a final project to share their success in STEM.

Instructor: BrainStorm STEM Education

M-F 1:00-4:00pm 6/17-6/21 \$319



Summer of Art

Age: 6-11 Years

Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculptures and more! Draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided. **Additional \$20 materials fee due to instructor on the first day of class.**

Instructor: MyArtStudio

M-F 1:30-3:30pm 6/17-6/21 \$136
M-F 1:30-3:30pm 7/8-7/12 \$136
M-F 1:30-3:30pm 8/5-8/9 \$136

Young Einstein's: Brainy Bots

Age: 6-9 Years

Students will enter the world of coding and robotics by learning how to build and program robots. Combining code and cutting-edge technology, students will explore coding fundamentals. Students will program a robot to play golf or navigate a massive maze of their own design. This course is for all levels and allows students to build skills while having lots of fun!!

Instructor: BrainStorm STEM Education

M-F 9:00am-12:00pm 6/3-6/7 \$319

Young Einstein's: Mystery Science

Age: 6-9 Years

Each day students will explore different mysterious science principles through hands-on experiments. Create a sailboat that floats on air using magnetic levitation. Unlock the mystery of air and light building a rocket and learn about energy by building a real wooden catapult that you get to take home.

Instructor: BrainStorm STEM Education

M-F 9:00am-12:00pm 6/17-6/21 \$319

**Save the Date! Splash Pad Opening Day & Rec Expo:
May 18, 10:00AM to 1:00PM.**

YouTube Masters

Age: 9-12 Years

Learn the software and skills to become the next YouTube star. Students will explore all aspects of video production and editing techniques. Turn a passion for gaming into a professional online presence with gamecasting, make your own Let's Play video and more. Learn how to record and live-edit your broadcasts.

Instructor: BrainStorm STEM Education

M-F 1:00-4:00pm 8/12-8/16 \$319



FACILITY RENTALS

Interested in a rental at the
Bell Tower Regional Community Center?

E-mail us at FacilityRentals@cityofrsm.org
or call (949) 216-9700.

Community Services staff will contact you shortly
after your Facility Use Inquiry has been reviewed.

CONTRACT INSTRUCTORS WANTED

Interested in offering contract classes for the
City of Rancho Santa Margarita?

We know our community will benefit from the
unique and innovative programming
that you have to offer!

Scan the QR code for more information.



Adult Classes

Arts & Music

Beginning Guitar & Ukulele Ensemble

Age: 13 Years & Up

Enjoy learning to play great songs on the guitar or ukulele in this unique combination class. No past musical experience required. Bring your own guitar or non-toy ukulele to class.

Instructor: Ron Gorman

M 5:00-6:00pm 6/17-7/15 \$115

Fitness & Dance

Line Dancing (Beginner) with Lauren

Age: 16 Years & Up

Beginner classes teach students fundamental line dancing steps and many beginner-level line dances. **No class 7/1**.

Instructor: Lauren Schmid

M	9:30-10:30am	6/3-7/15	\$93
M	6:30-7:30pm	6/3-7/15	\$93
M	9:30-10:30am	7/22-8/26	\$93
M	6:30-7:30pm	7/22-8/26	\$93

Line Dancing (Intermediate) with Lauren

Age: 16 Years & Up

Intermediate classes teach students more complex steps and line dances, which may include tags, restarts, less symmetry, and multiple direction changes. **No class 7/1**.

Instructor: Lauren Schmid

M	8:30-9:25am	6/3-7/15	\$93
M	7:35-8:30pm	6/3-7/15	\$93
M	8:30-9:25am	7/22-8/26	\$93
M	7:35-8:30pm	7/22-8/26	\$93

Mindful Yoga Flow

Age: 18 Years & Up

Focus is on balance and mindfulness - a gentle, stress-reducing yoga practice that connects breath with movement. Created for students who are newer to yoga and would like to initiate or maintain a healthy lifestyle. Bring a yoga mat and a strap. Blocks and blankets encouraged.

Instructor: Simone Pannebaker, RYT 500

Tu	6:00-7:00pm	6/25-7/30	\$89
Tu	6:00-7:00pm	8/6-8/27	\$61

Mindful Yoga Movement

Age: 18 Years & Up

Focus is on breath and movement. Learn basic yoga poses while gaining or regaining flexibility. The course is designed for students with no prior yoga experience and those recovering from injury. Bring your yoga mat and strap; blocks, bolsters and blankets are encouraged.

Instructor: Simone Pannebaker, RYT 500

W	6:00-7:00pm	6/26-7/31	\$89
W	6:00-7:00pm	8/7-8/28	\$61

AM Yoga

Age: 16 Years & Up

Build strength, flexibility, and balance while exploring the various postures. Connecting breath and movement brings calmness of mind, stress release and enables us to function better both on and off the mat. Experience better clarity and ease as you start your day! **No class 7/4.**

Instructor: Roz Maissy

Th 9:00-10:00am 6/6-8/29 \$183



Review & Advanced Line Dancing Classes

Age: 18 Years & Up

Experienced line dancers will learn new advanced dances, and review older intermediate and advanced dances. Please email recreation@cityofrsm.org for more information.

Instructor: Lauren Schmid

Tu	6:30-7:30pm	6/4-6/25	\$63
Tu	6:30-7:30pm	7/9-7/30	\$63
Tu	6:30-7:30pm	8/6-8/27	\$63



PM Yoga

Age: 16 Years & Up

End your day in a supportive and encouraging environment. Build strength, flexibility, and balance while exploring various postures. Connecting breath and movement brings calmness of mind, stress release and enables us to function better both on and off the mat. **No class 7/4.**

Instructor: Roz Maissy

M	6:00-7:00pm	6/3-8/26	\$198
Th	6:00-7:00pm	6/6-8/29	\$183



Zumba™

Age: 13 Years & Up

Zumba Gold™ is a low-impact program that utilizes combinations of Latin and international rhythms to tone and strengthen your body. The program is designed for active older adults, the true beginner or anyone interested in a program that is effective and easy to follow. **No class 7/4.**

Instructor: Tania Villalbazo

Tu	7:00-8:00pm	6/4-6/25	\$68
Tu	7:00-8:00pm	7/2-7/30	\$85
Th	7:00-8:00pm	7/11-7/25	\$51
Tu, Th	7:00-8:00pm	7/2-7/30	\$123
Tu	7:00-8:00pm	8/6-8/27	\$68
Th	7:00-8:00pm	8/1-8/29	\$85
Tu, Th	7:00-8:00pm	8/1-8/29	\$137

Special Interests



Introduction to Digital Photography

Age: 18 Years & Up

Focus on the foundational and creative aspects of digital photography to enhance technical skills and to capture stunning images. Students must provide their own digital camera.

Additional \$20 materials fee due to instructor on the first day of class.

Instructor: Mandis Razavi

Tu	6:00-7:30pm	6/25-7/23	\$140
Tu	6:00-7:30pm	7/30-8/27	\$140



Join us!



Flag Day and Flag Retirement Ceremony

June 14 at 7:30 PM

Outside Civic Plaza

22112 El Paseo, RSM



Age Well®

Orange County's partner in aging

SENIOR PROGRAMS

The mission of Age Well Senior Services is to promote and improve the quality of life and independence of the senior community. Volunteer opportunities are available!

For more information about any of the programs below, contact Age Well Senior Services, Rancho Santa Margarita at 949-709-7592, or visit the Bell Tower Regional Community Center.

All activities take place at the Bell Tower Regional Community Center. **RSVP required.**

Meals on Wheels (Ages 60+)

Meals on Wheels provides nutritious daily meals for seniors aged 60+ who are unable to shop or prepare meals for themselves. Deliveries run Mondays through Fridays and include one breakfast, one hot lunch and one frozen dinner.

For additional programs, special events and resources, call 949-709-7592 or visit RSMconnect.org and select the Senior Services tab.

Congregate Lunch (Ages 60+)

Visit the Bell Tower Regional Community Center to enjoy healthy and nutritious hot or cold lunches served daily while engaging in social interaction and making new friends. This meal is made possible by Age Well Senior Services. Event details:

- Noon - 1pm
- Monday - Friday (excluding holidays)
- Suggested Donation: \$5.50

UPCOMING PROGRAMS & ACTIVITIES

May

5/3	12-1pm	Cinco de Mayo Lunch
5/7	11am-12pm	Salsa Dancing*
5/8	10-11am	Make Crepe Paper Flowers
5/10	12-1pm	Mother's Day Lunch and Tea Party w/ Harp
5/16	10-11am	Sponge Painting Art Class**
5/21	10-11am	Coffee, Donuts & Medicare*

July

7/5	12-1pm	4 th of July Lunch w/ Greg W.**
7/9	11am-12pm	Salsa Dancing*
7/10	10-11am	Paint a Mini Flower Pot
7/16	10-11am	Coffee, Donuts & Medicare*
7/18	10-11am	Sponge Painting Art Class**

June

6/4	11am-12pm	Salsa Dancing*
6/5	10-11am	Make a Bead Bracelet
6/14	12-1:30pm	Father's Day Lunch w/ Roy Southerland**
6/18	10-11am	Coffee, Donuts & Medicare*
6/19	10:30-11:30am	Floral Arranging**
6/21	12:15-1pm	Fall Prevention Seminar**

August

8/2	12:15-1pm	Dementia Talk**
8/6	11am-12pm	Salsa Dancing*
8/7	10-11am	Coffee Filter Flower Pens
8/13	10-11am	Coffee, Donuts & Medicare*
8/14	10:30-11:30am	Floral Arranging**
8/16	12-1pm	Summer Lunch w/ acapella group
"Eight is Enough"***		

*Sponsored by Michael Lemus/My Medicare Plan

**Sponsored by Michael Lemus/My Medicare Plan & Optum



SPLASH PAD



OPENING DAY & REC EXPO

Explore community classes, meet instructors, connect with local businesses, play games, and more!



**SATURDAY, MAY 18
AT 10:00 AM - 1:00 PM**



**30842 LA MIRANDA
(CENTRAL PARK)**

Summer Concert Series

Sundays 6:00 - 8:00 PM

July 7, 14, 21, 28 &
August 4, 11



Central Park
30842 La Miranda, RSM



SPONSORSHIP OPPORTUNITIES

Interested in becoming a Community Partner?

Sponsorship provides a unique marketing opportunity to reach thousands of active consumers, spanning diverse demographics. It boosts business exposure and supports high-quality events and programs with a positive impact on participants' lives.

Sponsorship opportunities are available and customizable!

Please call 949-216-9700 or email WRedington@cityofrsm.org for more information.





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2.5 - 4 years: \$113/mo
4-6 years: \$113/mo
6-8 years: \$113/mo
Aquanauts Team Swim: \$154/mo
Adult Lessons: \$113/mo