

# July

# 2018

Mon		Tue		Wed		Thu		Fri	
2		3		4		5		6	
10:00	Total Body Fitness	9:30	Bocce Ball			9:30	Tai Chi	10:00	Total Body Fitness
1:00	Bingo	9:30	Tai Chi			12:30	Golden Age Yoga	12:30	Movie
		10:00	Blood Pressure						
		11:30	Chat with Jenn						
		12:30	Smartphone Tutorial						
		1:00	Art Club						
9		10		11		12		13	
10:00	Total Body Fitness	9:30	Bocce Ball	10:00	Total Body Fitness	9:30	Tai Chi	10:00	Total Body Fitness
1:00	Bingo	9:30	Tai Chi	12:30	Movie	12:30	Golden Age Yoga	12:30	Movie
		10:00	Blood Pressure	1:00	Chess				
		1:00	Art Club						
									
16		17		18		19		20	
10:00	Total Body Fitness	9:30	Bocce Ball	10:00	Total Body Fitness	9:30	Tai Chi	10:00	Total Body Fitness
1:00	Bingo	9:30	Tai Chi	1:00	Chess	12:30	Golden Age Yoga	12:30	Movie
		10:00	Blood Pressure						
		1:00	Art Club						
23		24		25		26		27	
10:00	Total Body Fitness	9:30	Bocce Ball	10:00	Total Body Fitness	9:30	Tai Chi	10:00	Total Body Fitness
1:00	Bingo	9:30	Tai Chi	1:00	Chess	12:30	Golden Age Yoga	12:30	Movie
		10:00	Blood Pressure						
		12:30	Smartphone Tutorial						
		1:00	Art Club						
30		31		<div style="background-color: #90EE90; padding: 20px; text-align: center;"> <h2>Golden Age Lunch M-F 12:00 Noon</h2> <h2>Coffee Talk 9:00 am - 2:00 pm</h2>  </div>					
10:00	Total Body Fitness	9:30	Bocce Ball						
1:00	Bingo	9:30	Tai Chi						
		10:00	Blood Pressure						
		1:00	Art Club						