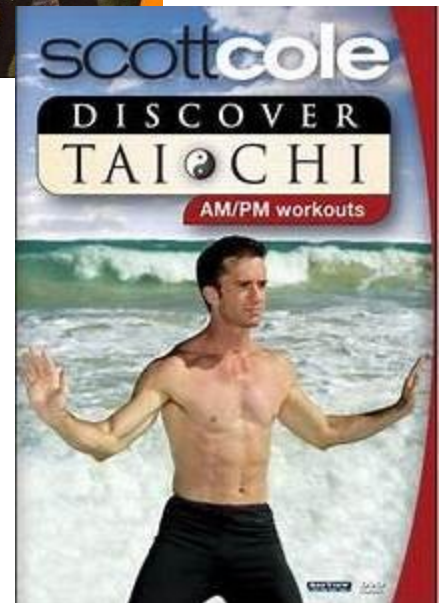
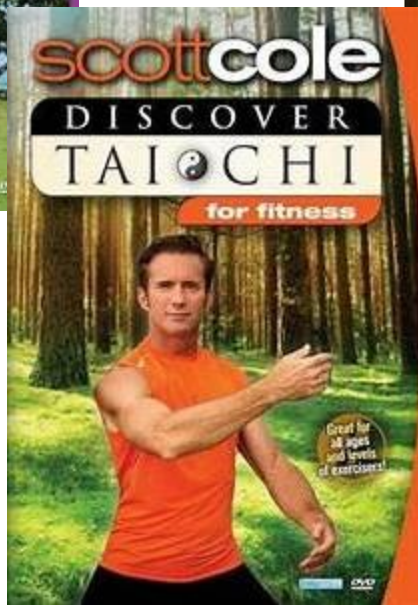
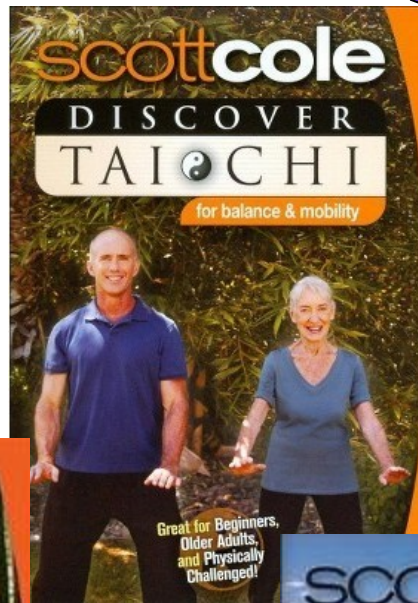
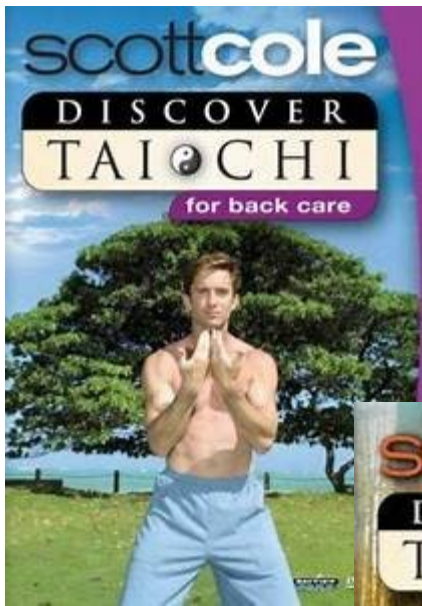


# Discover Tai Chi



**FREE CLASS**

Instruction on DVD (No instructor is present)

Free Class for Seniors age 50 & over.

Class starts at 9:30 am on Tuesdays & Thursdays

Call Lindy (949) 709-7592 for more information

*The Bell Tower Regional Community Center*

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