

COMMUNITY LIVING

# RANCHO SANTA MARGARITA

FALL '22/WINTER '23

Your Guide for Activities & Community Services



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- Community Events



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[RSMconnect.org](https://www.RSMconnect.org)



[www.cityofrsm.org](https://www.cityofrsm.org)



## CONNECT WITH US

### The Bell Tower Regional Community Center

22232 El Paseo  
Rancho Santa Margarita, CA  
949-216-9700



E-Mail . . . . . [recreation@cityofrsm.org](mailto:recreation@cityofrsm.org)

Age Well Senior Services . . . . 949-709-7592

Boys & Girls Club . . . . . 949-709-7592



Register today at  
[www.RSMconnect.org](http://www.RSMconnect.org)



#### About the Cover

This photo shows both City Hall and the Bell Tower Regional Community Center, separated by an Atrium, on a warm fall afternoon.

## City Services

### AMERICAN FLAG DISPOSAL BOX

Retire your American Flags at the Bell Tower Regional Community Center for a proper retirement ceremony by local Boy and Girl Scout Troops. A red, white and blue flag drop off box is located inside the lobby.

### BATTERY RECYCLING

Batteries are considered hazardous waste and are prohibited by State law to be thrown away in the garbage. Batteries can be dropped off at City Hall (22112 El Paseo). A battery drop off box is located inside the lobby.

### LOW-COST ANIMAL VACCINATION CLINICS

First Wednesday evening of every month at the Bell Tower Regional Community Center. By appointment only.  
Provided by Healthcare & Emergency Animal Rescue Team (HEART).  
For pricing and more information, call 714-993-9193 or email at [heart4petsappointments@gmail.com](mailto:heart4petsappointments@gmail.com), or visit [www.heart4pets.org](http://www.heart4pets.org).

### OCSD POLICE SERVICES in RANCHO SANTA MARGARITA

Report suspicious persons and activities.  
Non-emergency Line: 949-770-6011.  
Always call 911 in the event of an emergency.

### PASSPORT SERVICES

The City of Rancho Santa Margarita is a designated Passport Acceptance Facility. Visit [www.cityofrsm.org/556-Passport-Acceptance-Facility](http://www.cityofrsm.org/556-Passport-Acceptance-Facility) for more information or call 949-635-1800 ext 6404. By appointment only.

### SHARPS/USED NEEDLE COLLECTION PROGRAM

Rancho Santa Margarita residents are eligible to receive a free SHARPS container from the City. Visit [www.cityofrsm.org/368/Sharps](http://www.cityofrsm.org/368/Sharps) to sign up and for more information, or call [949-635-1800](tel:949-635-1800).

**All classes are located at the Bell Tower Regional Community Center unless otherwise noted in the class/course descriptions.**

The Bell Tower Regional Community Center and City Hall will be closed on the following holidays:

**2022:** 9/5, 11/11, 11/24, 11/25, 12/26

**2023:** 1/2, 1/16, 2/20

## RANCHO SANTA MARGARITA CITY COUNCIL

Mayor . . . . . Anne D. Figueroa

Mayor Pro Tempore . . . . . Jerry Holloway

Council Member . . . . . L. Anthony Beall

Council Member . . . . . Carol A. Gamble

Council Member . . . . . Bradley J. McGirr

## CITY MANAGER

City Manager . . . . . Jennifer M. Cervantez



# Youth Classes

## Arts & Crafts

### Clay Adventures

6-11 Years

Have a blast learning how to turn clay into fun projects and wonderful creatures. Create a new project each week. All pieces will be glazed and fired. Additional \$25 materials fee due to instructor on the first day of class.

**Instructor:** My Art Studio

F	4:00-5:00pm	9/9 - 9/30	\$108/4 days
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### Art Explorations

6-11 Years

In this beginning art class, students will combine fun drawing exercises and creative painting projects to build skills in young artists. We will explore a variety of media such as acrylics on canvas, pastels, charcoal, watercolors and more. Additional \$20 materials fee due to instructor on the first day of class.

**Instructor:** My Art Studio

F	4:00-5:00pm	10/7 - 10/28	\$98/4 days
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### Paint, Paste and Pour!

1.5-6 Years

Watch your child discover paint, glue, crayons, dough, and more. They will enjoy developmentally appropriate hands-on experiences with manipulative art and sensory materials. Parent participation is required. Additional \$20 material fee due to instructor on the first day of class. No class 11/23.

**Instructor:** Rachel Westfall

W	10:00-11:00am	9/7 - 9/28	\$48/4 days
W	10:00-11:00am	10/5 - 10/26	\$48/4 days
W	10:00-11:00am	11/9 - 12/7	\$48/4 days



### Learn to Sew Kids/Teens

8-17 Years

Students will learn sewing basics, including fabric selection, following a pattern, and several different machine stitches. Students have fun while building self confidence by completing various sewing projects in class! All fabrics, notions and sewing machines are supplied. Additional \$35 materials fee due to instructor on the first day of class.

**Instructor:** Linda Rush

Tu	3:30-6:00pm	9/6 - 9/27	\$168/4 days
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**Sign up today and view full course descriptions at [www.RSMconnect.org](http://www.RSMconnect.org)**

## American Doll Fashions

7.5-17 Years

Design, plan and create your very own doll fashions. Students will select fabrics and learn to follow a pattern while mastering basic sewing skills and will work on a complete outfit for an 18" doll. Girls are encouraged to bring their doll to class for the fittings. No experience is necessary. All fabric, notions and sewing machines supplied. Additional \$35 materials fee due to instructor on the first day of class.

**Instructor:** Linda Rush

Th	3:30-6:00pm	9/8 - 9/29	\$168/4 days
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## Dance

### Irish Dance

4-5 Years (Youth), 5-14 Years (Kids/Teens)

Leapin' leprechauns! Come join our beginning Irish dance class! Boys and girls ages 4-14 will have fun learning basic steps, terminology, a beginner reel, and they will get a great workout in at the same time!

**Instructor:** Thistle Academy for Irish Dance

Youth			
W	6:00-6:30pm	9/21 - 10/12	\$53/4 days
W	6:00-6:30pm	1/4 - 1/25	\$53/4 days

Kids/Teens			
W	6:00-7:00pm	9/21 - 10/12	\$58/4 days
W	6:00-7:00pm	1/4 - 1/25	\$58/4 days

## Refund Information

- All refunds (unless the class is canceled by the City or instructor) will be assessed a \$7 processing fee.
- Refund requests for 1-day classes or workshops must be received in writing at least 5 business days prior to the class start.
- Checks returned due to non-sufficient funds are subject to a \$20 processing fee.
- All refund requests must be made prior to the first class meeting.

## Dance (cont.)

### Parent and Me Music & Movement

1.5-3 Years

Enjoy bonding time with your little one while moving, shaking and getting wiggles out. Children will explore these skills through teacher-led activities, fun, colorful props and familiar songs. Class will enhance motor, physical, cognitive and social skills through creative play and songs as well as balance, body control, and spatial skills to build upon. Props include parachutes, rhythm sticks, color scarves, shakers, and more. Parent participation and sneakers or dance shoes required. More information on course and where to purchase class attire, visit [ocdanceproductions.com](http://ocdanceproductions.com). No class 10/18, 10/25, 11/22.

**Instructor:** OC Dance Productions

Tu	9:20-10:05am	9/13 - 12/6	\$124/10 days
Tu	9:20-10:05am	9/13 - 10/11	\$69/5 days
Tu	9:20-10:05am	11/1 - 12/6	\$69/5 days

### Preschool Ballet, Jazz, Tumble

3-5 Years

Beginning ballet, jazz, and tumbling movements combined with creative movement and play help dancers develop spatial awareness, rhythm, listening and preschool skills such as color and shape recognition and counting. Optional holiday recital (nominal costume fee). More information on course and where to purchase class attire, visit [ocdanceproductions.com](http://ocdanceproductions.com). No class 10/18, 10/25, 11/22.

**Instructor:** OC Dance Productions

Tu	11:00-11:45am	9/13 - 12/6	\$124/10 days
Tu	11:00-11:45am	9/13 - 10/11	\$69/5 days
Tu	11:00-11:45am	11/1 - 12/6	\$69/5 days

### Princess Ballet Frozen

3-5 Years

Dancers learn beginning ballet movements and terminology with a princess twist! Class includes short princess story times, tutus, wands & favorite fairytale tunes. Improve coordination, gross motor and listening skills and musicality. Last day performance of routine. Ballet shoes required. Additional \$5 craft fee per half session due on first day. Optional holiday recital (nominal costume fee). More information on course and where to purchase class attire, visit [ocdanceproductions.com](http://ocdanceproductions.com). No class 10/18, 10/25, 11/22.

**Instructor:** OC Dance Productions

Tu	10:10-10:55am	9/13 - 12/6	\$124/10 days
Tu	10:10-10:55am	9/13 - 10/11	\$69/5 days
Tu	10:10-10:55am	11/1 - 12/6	\$69/5 days



## Enrichment

### Manners, Character & Social Skills

#### "Foundations"

5-10 Years

Over 50 different manners, character & social skills are taught in fun & creative ways using games, activities, & role play. Some skills include: Introductions, Dining Etiquette, Communication, Sharing/Borrowing, Sincere Apologies & more! Additional \$20 materials fee due to instructor on the first day of class.

**Instructor:** The Etiquette Factory

M	3:30-5:30pm	9/12 - 10/17	\$145/6 days
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### Marine Animals: Amazing Waterworld!

5-12 Years

Join the fun with this hands-on biology workshop! Get up close with fresh/preserved organisms, perform many dissections and cool biology experiments/activities. Additional \$72 materials fee due to instructor on the first day of class.

**Instructor:** Bionerds, Inc.

W	4:00-5:00pm	9/7 - 10/26	\$179/8 days
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### Food Science: Your Food is Alive!

5-12 Years

Learn the science of honey, bread, sugar, and more. Your child will be up-close with live/fresh organisms/food and engage in cool biology activities. Some foods are to take home! Additional \$63 materials fee due to instructor on the first day of class.

**Instructor:** Bionerds, Inc.

W	4:00-5:00pm	11/2 - 12/21	\$157/8 days
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## Music

### Beginning Guitar & Ukulele Ensemble

8-13 Years

Enjoy learning easy songs and popular melodies in this unique combination class. Play along together in a fun and supportive environment. Bring your own guitar or non toy ukulele to class. No class 1/16.

**Instructor:** Ron Gorman

M	4:00-5:00pm	10/17 - 11/14	\$109/5 days
M	4:00-5:00pm	1/9 - 2/13	\$109/5 days

### Introduction to Music Together

4 & Under

This course is an introduction to Music Together Nationwide, a program for young children and grownups. Come and experience what Music Together class is like and have some fun making music with your child.

**Instructor:** Music Moves Academy

Tu	9:15-10:00am	9/6	FREE*
M	9:00-9:45am	9/12 - 10/10	\$85/5 days
M	9:00-9:45am	10/24 - 11/21	\$85/5 days

\*9/6 is a demo class. Registration required.

# Adult Classes

## Fitness

### Zumba with Tania

18 Years & Up

Zumba Gold is a low impact fitness program that utilizes combinations of exciting and motivating Latin and international rhythms to tone and strengthen your body.

**Instructor:** Tania Villalbazo

Tu	7:00-8:00pm	9/6 - 9/27	\$52/4 days
Th	7:00-8:00pm	9/1 - 9/29	\$65/5 days
Tu/Th	7:00-8:00pm	9/1 - 9/29	\$106/9 days
Tu	7:00-8:00pm	10/4 - 10/25	\$52/4 days
Th	7:00-8:00pm	10/6 - 10/27	\$52/4 days
Tu/Th	7:00-8:00pm	10/4 - 10/27	\$94/8 days
Tu	7:00-8:00pm	11/1 - 11/29	\$65/5 days
Th	7:00-8:00pm	11/3 - 11/17	\$39/3 days
Tu/Th	7:00-8:00pm	11/1 - 11/29	\$94/8 days
Tu	7:00-8:00pm	12/6 - 12/20	\$39/3 days
Th	7:00-8:00pm	12/1 - 12/22	\$52/4 days
Tu/Th	7:00-8:00pm	12/1 - 12/22	\$85/7 days

### Beginning Yoga - Balance & Mindfulness

18 Years & Up

Join us for a calming and stress-reducing yoga class with a focus on connecting breath movement. Course designed for students who are new to yoga or want to maintain a healthy lifestyle.

**Instructor:** Simone Pannebaker, RYT 500

Tu	6:00-7:00pm	9/6 - 10/25	\$115/8 days
Tu	6:00-7:00pm	11/1 - 12/13	\$101/7 days
Tu	6:00-7:00pm	1/10 - 2/28	\$115/8 days

### Intermediate Yoga - Fitness & Endurance

18 Years & Up

Focus on building strength in addition to balance and flexibility. Explore asana variations and gaining tools to experience calmness on and off the mat. Bring a yoga mat and strap - blocks, bolsters and blankets are encouraged. No class 11/24.

**Instructor:** Simone Pannebaker, RYT 500

Th	6:00-7:00pm	9/8 - 10/27	\$115/8 days
Th	6:00-7:00pm	11/3 - 12/15	\$87/6 days
Th	6:00-7:00pm	1/5 - 2/23	\$115/8 days

### Yoga Stretch

18 Years & Up

Join us to learn basic Yoga poses while regaining flexibility. Course is for students with no prior yoga experience and those recovering from injury. Bring a yoga mat and strap - blocks, bolsters and blankets are encouraged.

**Instructor:** Simone Pannebaker, RYT 500

W	6:00-7:00pm	9/7 - 10/26	\$115/8 days
W	6:00-7:00pm	11/2 - 12/14	\$101/7 days
W	6:00-7:00pm	1/4 - 2/22	\$115/8 days

### Morning Yoga

18 Years & Up

This class provides a safe, supportive environment to explore the practice of yoga. You will build strength, flexibility and balance while exploring the various postures. This is a great way to start your day; you will experience better clarity and ease. No class 10/5.

**Instructor:** Roz Maissy

W 9:00-10:00am 9/14 - 10/26 \$85/6 days



### I'm Not Flexible Enough for Yoga!

18 Years & Up

This beginners yoga class is ideal for those that have never tried yoga. Yoga meets you wherever you are at, increasing your flexibility, strength, and balance. Bring a yoga mat, a firm blanket or pillow, and a strap to class. No class 9/26.

**Instructor:** Roz Maissy

M 5:00-5:45pm 9/12 - 10/31 \$98/7 days

### Evening Yoga

18 Years & Up

End your day with the practice of yoga in a supportive and encouraging environment. Build strength, flexibility and balance while exploring various postures. Connecting breath and movement brings calmness of mind, stress release and enables us to function better both on and off the mat. Class ends with relaxation to aid in a restful night's sleep. No class 9/26.

**Instructor:** Roz Maissy

M 6:00-6:55pm 9/12 - 10/31 \$98/7 days



Sign up today and view full course descriptions at [www.RSMconnect.org](http://www.RSMconnect.org)



## Enrichment

### Women's Group...Let's Talk

18 Years & Up

This women's group will explore topics such as transitions in life, identifying our own meaning and purpose, our relationships, and life balance. New topics each week and moderated by Roz Maissy, MS Counseling. No class 10/5.

**Instructor:** Roz Maissy

W 10:30-11:30am 9/14 - 10/26 \$35/6 days

## Interests & Hobbies

### Introduction to Digital Photography

18 Years & Up

This class is designed to teach students the inner workings of a camera, how the camera works, and how to properly set up composition for a successful photograph. Additional \$20 materials fee due to instructor on the first day of class.

**Instructor:** Mandis Razavi

Tu	6:00-7:30pm	8/16 - 9/13	\$140/5 days
Tu	6:00-7:30pm	9/20 - 10/18	\$140/5 days
Tu	6:00-7:30pm	10/25 - 11/22	\$140/5 days

### Learn to Sew

18 Years & Up

Learn sewing basics, fabric selection, how to follow a pattern and complete amazing projects in class! No prior experience is needed to enjoy this class. All fabric, notions and sewing machines are supplied. Additional \$35 materials fee due to instructor on the first day of class.

**Instructor:** Linda Rush

Tu 7:00-9:00pm 9/6 - 9/27 \$168/4 days

## Music

### Beginning Guitar & Ukulele Ensemble

14 Years & Up

Experience the sound of the plunging lows of the guitar with the soft highs of the ukulele combined. Learn easy beginning melodies and great classic songs. Bring your own guitar or ukulele to class. No class 1/16.

**Instructor:** Ron Gorman

M	5:00-6:00pm	10/17 - 11/14	\$109/5 days
M	5:00-6:00pm	1/9 - 2/13	\$109/5 days



Sign up today and view full course descriptions at [www.RSMconnect.org](http://www.RSMconnect.org)



## CONTRACT INSTRUCTORS WANTED

**Are you interested in offering contract classes for the City of Rancho Santa Margarita?**

Here are some of the benefits:

The City of Rancho Santa Margarita has great options for hosting a variety of classes, programs and events. Whether it's a classroom environment, a workshop or a major event, the Bell Tower Regional Community Center has options to assist with the success of your program.

The City uses a technologically advanced computer registration system. Our system maintains facility bookings for your class and processes registrations in an efficient manner. Instructors receive attendance reports, wait list reports, and the information is maintained in the database.

We offer registration through easy customer-friendly ways including mail, online registration, or in person. We accept cash, checks, and major credit cards.

Our system automatically reserves spots for wait list participants when a class becomes open.

We know that the people of Rancho Santa Margarita will benefit from the unique and innovative programming that you have to offer!



# FACILITY RENTALS

The Bell Tower Regional Community Center is the perfect venue for your special day.

Whether you need a ballroom for a wedding or a gala event, a smaller room for a birthday party or baby shower, a conference or meeting room for a business meeting, the Bell Tower Regional Community Center is here to serve you.

To submit a Facility Use Inquiry, scan the QR code using your smartphone's camera. Start your rental process today.

Please note: Community Services staff will contact you shortly after your Facility Use Inquiry has been reviewed.

For more information, call 949-216-9700  
or email [FacilityRentals@cityofrsm.org](mailto:FacilityRentals@cityofrsm.org)



To view additional room information such as sizes, capacities and ideal uses, and more, visit [RSMconnect.org](http://RSMconnect.org) and select the Facility Rentals tab.



# SENIOR PROGRAMS & RESOURCES

The mission of Age Well Senior Services is to promote and improve the quality of life and independence of the senior community. Volunteer opportunities are available!

For more information about any of the programs below, contact Age Well Senior Services, Rancho Santa Margarita directly at 949-709-7592, or visit the Bell Tower Regional Community Center.

All activities take place at the Bell Tower Regional Community Center.

## Age Well®

*Orange County's partner in aging*

### Meals on Wheels (Ages 60+)

Meals on Wheels provides nutritious daily meals for seniors aged 60+ who are unable to shop or prepare meals for themselves. Deliveries run Mondays through Fridays and include one breakfast, one hot lunch and one frozen dinner.

### Congregate Lunch (Ages 60+)

Visit the Bell Tower Regional Community Center to enjoy healthy and nutritious hot or cold lunches served daily while engaging in social interaction and making new friends. This meal is made possible by Age Well Senior Services.

Event details:

- Noon - 1pm
- Monday - Friday (excluding holidays)
- Suggested Donation: \$5.50



## WEEKLY ACTIVITIES

### Monday:

10-11am	Total Body Fitness
12-1pm	Congregate lunch (60+)
1-2pm	BINGO (registration at 12:30pm)

### Tuesday:

9:30-10:30am	Bocce Ball
10-11am	Coffee Bar & Conversation
10-11am	Tai Chi
10-11am	Blood Pressure Clinic
12-1pm	Congregate lunch (60+)
12-3pm	Mahjong Games
1-2pm	Art Club (bring your own supplies!)

### Wednesday:

10-11am	Line Dancing
12-1pm	Congregate lunch (60+)
1-2pm	Chess Club

### Thursday:

10-11am	Tai Chi
12-1pm	Congregate lunch (60+)
12-3pm	Mahjong
12:45-1:45pm	Gentle Yoga

### Friday:

10-11am	Chair Exercise
12-1pm	Congregate lunch (60+)
12-1pm	Tech Talk by MemorialCare (2nd Friday)
12-3pm	Mahjong
12:45pm	Friday Flicks (movie with friends)
1-2pm	AlzOC Resource Group (1st Friday)



# ADDITIONAL SENIOR PROGRAMS & RESOURCES

## September:

12-1pm	(9/14)	Floral Arranging with Newport Florist & MyMedicarePlan
10-11am	(9/26)	Coffee, Donuts & Medicare with MyMedicarePlan
10-11am	(9/26)	Watercolor Paint Class with Applied Medical
11am-12pm	(9/30)	Salsa for Seniors Dance Class with Michael Lemus

## October:

12:15-1:15pm	(10/3)	Legal Talk with Mark Klein, Esq.
1-2pm	(10/14)	DocTalk with Dr. Peterson
10-11am	(10/17)	Medicare Plan Comparison with Michael Lemus, MyMedicarePlan, & Optum
10-11am	(10/24)	Coffee, Donuts & Medicare Info with MyMedicarePlan
12-1pm	(10/31)	Halloween Party sponsored by MyMedicarePlan

## November:

1-2p	(11/4)	DocTalk with Dr. Peterson
10-11am	(11/14)	Medicare Plan Comparison with Michael Lemus, MyMedicarePlan, & Optum
10-11am	(11/21)	Coffee, Donuts, & Medicare Info with MyMedicarePlan

## December:

10-11am	(12/2)	Medicare Plan Comparison with Michael Lemus, MyMedicarePlan, & Optum
1-2pm	(12/9)	Holiday Wreath Decoration with MyMedicarePlan
12-1pm	(12/23)	Christmas Luncheon



For more information about any of the programs above, contact Age Well Senior Services, Rancho Santa Margarita directly at 949-709-7592, or visit the Bell Tower Regional Community Center.



*Thank you, Sponsors!*



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**The Toll Roads**  
of Orange County



*We love our community!*



# Sponsorship Opportunities



The City of Rancho Santa Margarita's sponsorship program offers a great partnership opportunity to connect your business with your target audience.

Become a community partner by sponsoring an event or program. Sponsorship provides a unique marketing opportunity to promote your business directly to the City's diverse community of residents. Event sponsorship will increase the visibility of your business while helping provide quality events and programs that have a positive impact on the community.

Working together, we can create enjoyable gatherings, experiences, and memories for our community that generate positive economic outcomes.

Sponsorship opportunities are available and customizable!  
Call 949-216-9700 or email  
[recreation@cityofrsm.org](mailto:recreation@cityofrsm.org) for more information.



City of Rancho Santa Margarita  
22112 El Paseo  
Rancho Santa Margarita, CA 92688-2824

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# Community Events

The City of Rancho Santa Margarita's Community Services Department is dedicated to improving lives through recreational programming and community events. The Department's mission is to provide events that foster community spirit as well as broaden and deepen public awareness of life balance, health, wellness and environmental consciousness. Each event is planned to create a positive, healthy, entertaining experience for all age groups. Additionally, each event encourages the participation of residents and business owners, who come together to celebrate their appreciation for the community.



Sunday, September 11  
Patriot Day Commemoration

Wednesday, November 9  
Veterans Day Recognition



Saturday, December 31  
"Celebrating Family & Friends"  
New Year's Eve Event

